LLC "Clinical Hospital at Yauza"

Date of Consultation: August 31, 2023

Patient:

Anastasia Olegovna Grosheva

Physician:

Irina Yurievna Kuranosova

Specialty: Obstetrics and Gynecology

**Clinical Diagnosis**

Ultrasound Findings: Progressive uterine pregnancy at 7 weeks gestation.

**Pharmacological Interventions**

Utrogestan: 200 mcg, administered vaginally, three times daily until 12-14 weeks of gestation.

Tranexam: 5400 mg, administered orally, four times daily in the bleeding during pregnancy.

Paraverine Suppositories: Administered rectally, one per night for symptomatic pain relief.

**Recommendations**

Enrollment in a specialized antenatal care program is advised.

**Occupational Assessment**

Patient is deemed fit for work.

**Diagnoses:**

(Z35.0): Supervision of pregnancy with history of infertility.

**Obstetrician-Gynecologist:**

Irina Yurievna Kuranosova

Mother and Baby

Group of companies

Mother and Baby Clinic. Mytishchi LLC "Ivamed" - Mytishchi, Moscow Region, Blagoveshchenskaya St., 3

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| **№** | **Medication Prescription** | **Preparation** |
| 1 | Analgesic and antipyretic | Paracetamol, Nurofen |
|  | For headache without hypertension | Citramon |
|  | For lower abdominal pain | Drotaverine (No-Spa), Papaverine Suppositories, Magnesium B6 Forte, Magnesium Diasporal |
| 2 | Antihistamines | Claritin, Zyrtec |
| 3 | For rhinitis | Nazivin, Otrivin, Aqualor, Aquamaris |
| 4 | For sore throat | Hexoral, Tantum Verde, Strepsils Lozenges, Pharyngosept |
|  | For cough | Lasolvan, Stodal Syrup |
|  | For influenza | Tamiflu |
| 5 | For heartburn and nausea | Maalox, Motilium, Rennie, Gaviscon |
|  | For diarrhea | Enterosgel, Smecta, Enterofuril |
|  | For constipation | Glycerin Suppositories, Duphalac, Microlax, Mucofalk |
|  | For flatulence and abdominal distension | Espumisan |
| 6 | Otic drops | Otipax |
| 7 | For bleeding during pregnancy | Tranexam |
| 8 | Vaginal suppositories for vaginal discomfort |  |
|  | Pre-12 weeks | Epanthol, Natamycin Pimafucin, Fluomizin |
|  | Post-12 weeks | Poliginax |
| 9 | Progesterone suppositories | Utrogestan 200 mg (Strictly prescribed by the attending physician) or Dydrogesterone 10 mg |
| 10 | Antiseptic | Miramistin Aerosol |
| 11 | Antibiotic (Strictly prescribed by the attending physician) | Amoxicillin-Clavulanate 875 mg + 125 mg |

In the event of any symptoms of malaise or poor well-being, it is imperative to consult your attending physician for medication approval.