

## Short intro

Coloring books are not only for children any more. Why do you think only they should have all the fun? If you are looking for a chance to slacken cares and switch off for a moment, check out coloring sheets created especially for you by AmberSkyColorings team! We make wide range of coloring pages for adults, which can be used for relaxation and improving mindfulness. Coloring can alleviate stress and have the power to concentrate our mind similarly to meditation practice. It has powerful therapeutic effects, and it is funny though.

## Detailed Description

Coloring is cool. It makes you feel smart, young and creative. The first successful adult coloring sheets for mass market were published in 2012, and since that time it became a full-on trend. Now you can meet grownups with coloring sheets and pencils everywhere starting from airport lounges to doctor's office waiting rooms. Coloring books are not only for children any more.

Coloring makes you feel calmer, happier and mentally clearer. It's a very powerful art therapy along with painting, singing or sculpturing. In fact, with coloring you don't need to be particularly skilled or talented. Just arm yourself with your favorite crayon makers or pencils and create your own unique masterpieces! While painting a coloring sheet, it's slightly difficult to make a mistake. The sketch is ready for you, and your task is to make it alive!

Scientists, doctors and psychiatrists unanimously say that coloring sheets can be used as good alternative to meditation. It has similar effect: while coloring, your mind becomes sharp, alert and concentrated. It doesn't wander from one useless thought to another anymore. You are "here and now", relishing with your coloring book and pencils.

"Colorists" confirm that when engaged in this activity, all their sadness and problems fade away for some time. It's true, since while doing something really breath-taking, you naturally separate yourself from tough and routine thoughts and just feel joyful and at ease. Anyway, it's much more beneficial than fiddling with a smartphone.

AmberSkyColorings team makes wide range of coloring pages for adults, and we are sure you can easily pick up the one you will be crazy about. Would you like to join multimillion army of joyful "colorists"? Get started right away!

We are always ready to cooperate with anyone who shares our passion in coloring pages: distributors, shops or individual sellers. Please, contact us via email [amberskycolorings@....](mailto:amberskycolorings@...) [Or use our site form.](#) You can also contact us via twitter.....(links)