HOMEMADE VEGGIE PIZZA

Prep - 40m Cook -35 m Ready in - 2 h 25 m



Ingredients

2 teaspoons active dry yeast	l clove garlic, finely chopped
1-cup warm water	☐ 1-teaspoon onion powder
3 cups all-purpose flour	☐ 1-teaspoon kosher salt
1-tablespoon white sugar	☐ 1 pinch ground black pepper
1 tablespoon dried oregano	☐ 1 1/4 cups shredded mozzarella
1 egg	cheese ☐ 1/2 cup chopped green bell pepper (optional) ☐ 1/2 cup chopped onion (optional) ☐ 1/2 cup sliced fresh mushrooms (optional) ☐ 1/4 cup shredded mozzarella cheese
1-tablespoon extra-virgin olive oil 1 (15 ounce) can diced tomatoes 1 (6 ounce) can tomato paste 1 tablespoon dried oregano	

Directions

- 1. Sprinkle yeast over warm water in a small bowl. The water should be no more than 100 degrees F (40 degrees C). Let stand for 5 minutes until yeast softens and begins to form a creamy foam;
- 2. Sift flour, sugar, 1-tablespoon oregano, and 1-teaspoon salt into a large bowl. Mix egg and oil into dry ingredients; stir in yeast mixture. When dough has pulled together, turn out onto a lightly floured surface and knead until smooth and elastic, about 8 minutes. Lightly oil a large bowl, then place dough in bowl and turn to coat with oil. Cover with a light cloth and let rise in a warm place (80 to 95 degrees F (27 to 35 degrees C)) until doubled in volume, about 1 hour.
- 3. Preheat oven to 450 degrees F (235 degrees C). Lightly grease a baking sheet;

- 4. Cook and stir diced tomatoes, tomato paste, onion, 1-tablespoon oregano, garlic, onion powder, 1-teaspoon salt, and pepper in a saucepan over medium heat. Cook until sauce has thickened, 15 to 20 minutes;
- 5. Punch down dough and turn it out onto a lightly floured surface. Use a knife to divide dough into two equal pieces—do not tear. Shape dough into rounds and let rest for 10 minutes. Form dough into rectangles, and place onto prepared baking sheet. Spoon tomato sauce over dough. Sprinkle with 1 1/4 cup mozzarella cheese; top with bell pepper, onion, and mushroom. Sprinkle 1/4 cup mozzarella cheese over top;
- 6. Bake in preheated oven until crust is browned and crisp and cheese has melted, 20 to 25 minutes.

Cook's Notes:

This recipe will make two medium-sized pizzas. You can bake two or freeze one to save for a later date. This will make more sauce than needed but it freezes great!